

Penny UNIVERSITY

– COFFEE HOUSE –

		- vop	
breakfast		available all day until	3pm
CHIA AND RICE PUDDING (DF, GF, V)	11	EGGS YOUR WAY	
With seasonal fresh and compress fruit, served with black sesame whipped coconut cream.		Two free range eggs, poached, scrambled or fried with toast -'Penny's' tomato salsa, ricotta	+4ea
TOAST (GF, V, DF)	9	-roasted field mushrooms, sautéed kale, confit potatoes -avocado, chorizo	+4.5ea
Sourdough, kibbled wheat and rye sourdough, fruit, GF white or GF	7	-'Pialligo' bacon	+6ea
fruit with marmalade, jam, vegemite, crunchy peanut butter, nutella or cinnamon and maple.		-gluten free bread	+1.5
+ gluten free	+1	GREEN EGGS & HAM (GF*, DF*, V*)	19
+ `Nonie's' gluten free bread (fruit, seeded, lightly golden)	+1.5	pea & herb scrambled `Darabalara Farm' free ranged eggs on chargrilled `Three Mills' kibbled wheat and rye sourdough, topped with	
PENNY'S AVO MIX ON DARK RYE (V, VE*, DF*, GF*) House-made avocado and goats cheese mix on dark rye toast.	10	a warm tomato salsa, shaved grana padano and 'Balzanelli' double smoked leg ham.	
		+mushrooms	+4.
TOASTIES	. 44	AVO DICIL (OF+ DF+)/ VF+)	44
+2 sides +3 sides	+11 +13	AVO DISH (GF*, DF*, V, VE*) smashed avocado & chevre on grilled dark rye, with charred corn & quinoa tabouleh, topped with a poached egg.	19
PLAIN TOASTED CROISSANT		quilloa taboulen, topped with a poached egg.	
+with jam	+1	'PIALLIGO HASH' (DF)	23
+2 sides	+8	'Pialligo Farm' pork, fennel and chilli sausage, with diced 'Pialligo	
+3 sides	+11	Farm' bacon, confit potatoes and a medley of vegetables, pan tossed with a house made szechuan chilli sauce and topped with a fried egg	
OPTIONS:			
Ham, cheese, tomato, field mushrooms, avocado, kale, egg, caramalised onions, chilli jam, tomato relish, bacon (+2), chicken (+1).		+avocado	+5.5
		BANOFFEE CROISSANT FRENCH TOAST (DF*, V, GF*)	18
BACON, EGG & CHILLI JAM ROLL (DF*, GF*)	12	banana, crushed peanuts, vanilla whipped mascarpone, popcorn,	
+avocado	+4	salted caramel & shaved chocolate.	
-kale	+3.5	⊥ bacan	+6
CHORIZO AND EGG ROLL (GF*) With house-made BBQ sauce.	12	+bacon	+6
MUSHROOM, EGG AND RELISH ROLL (DF*, GF*, V, VE*) With onion and house-made tomato relish.	11		
+avocado	+4		
+kale	+3.5		

lunch

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B.L.T (DF*, GF*) with mayonnaise.	15	PENNY'S CHICKEN LO MIEN (DF, V*) Penny's take on a traditional lo mien; egg noodles, tossed with master stock poached chicken, fresh vegetables in a soy, ginger and	25
VEGO TOASTIE (DF*, GF*, V, VE*) zucchini, field mushrooms, ricotta, spinach & capsicum hummus.	16	sesame sauce.	
KATSU BURGER (DF*, GF*) crumbed chicken breast fillet marinated in Penny's own spice blend, served in a potato bun with pickles, lettuce, Japanese mayonnaise and BBQ sauce. Served with chips tossed with bush tomato salt.	25	MISO BAKED SALMON & CHORIZO (DF*, GF) miso baked Huon Salmon, with pan tossed chorizo, served with seasonal greens tossed in a citrus herb dressing, a poached egg and bois boudran sauce.	27
KANGA-REUBEN SANDWICH (GF, DF) Toasted sourdough filled with house made kangaroo pastrami, sauerkraut, swiss cheese and Russian dressing served with chips.	23	+add avocado SALADS -Master stock poached chicken salad with seasonal greens with a herb and citrus dressing.	+5.5 22
BALLI'S VEGETARIAN BURGER (DF*, GF, V, VE*) a spiced vegetable (kale and broccolini), quinoa and black bean patty with lettuce, tomato and capsicum hummus. Served with thyme salted chips.	22	 -Miso cured salmon salad with seasonal greens with a herb and citrus dressing. -Vegetarian green salad with kale, spinach, green beans, dutch 	24 19
POKE BOWL (GF, DF)		carrots.	
assorted pickled and fresh vegetables set on a bowl of organic black rice.		CHIPPIES (GF, V, VE*) crisp fries with aioli & Penny's tomato relish.	10
-with confit salmon-with master stock poached chicken-with roasted field mushroom; no mayonnaise V, VE*	27 25 23		
OKONOMIYAKI SAVOURY PANCAKE (DF, V) Japanese style savoury pancake with savoy cabbage, shiitake mushrooms, sweet potato and shallots, topped with a Japanese pickle and green leaf salad. Finished with nori and miso mayonnaise and house made Japanese BBQ sauce.	21		
+add fried egg	+3		